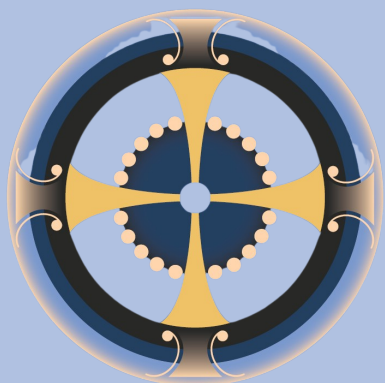




## This week at Belmont UMC

### TUESDAY, JULY 14

6:00pm Theology on Tap, TBD

### WEDNESDAY, JULY 15

10:00am Lectio Divina, Zoom

### THURSDAY, JULY 16

8:00am Centering prayer,  
Zoom

12:00pm *United Methodist  
Theology: Beloved and  
Becoming*, Zoom

### SUNDAY, JULY 19

8:10am Worship with  
Communion, chapel/live stream

9:00am Adult Sunday school,  
various rooms

9:15am Summer in the Psalms,  
Parker Hall

10:30am Worship,  
sanctuary/live stream

10:30am Golden Triangle  
Fellowship worship, chapel

11:30am Young adult lunch,  
Hillsboro Village

5:30pm *United Methodist  
Theology: Beloved and  
Becoming*, 120



Next Sunday, July 19, we'll  
explore Psalm 130 and the  
theme *Sharing Our Heartaches*.  
Join us at 9:15am in Parker Hall.  
Learn more at  
[belmontumc.org/psalms](http://belmontumc.org/psalms).

## BELMONT UNITED METHODIST CHURCH

# NEWSLETTER

July 12, 2026

## A week of service and faith



The week of June 28-July 4, our youth and chaperones served in East Tennessee with Appalachia Service Project (ASP), putting their faith into action through hands-on service, building relationships, and sharing Christ's love with the communities they served. We are grateful for their hard work and hearts for service.

## New Foundational Course begins this evening

Sunday, July 12, 5:30pm in room 120

This evening, join us for *United Methodist Theology: Beloved and Becoming*, the next Discipleship Pathways Foundational Course. Together, we'll explore how United Methodist theology invites us to embrace both God's grace and our ongoing growth in Christ.

Choose the session that works best for you: Sundays, July 12, 19, and 26, from 5:30-6:30pm in room 120 and on Zoom, or Thursdays, July 16, 23, and 30, from 12:00-1:00pm on Zoom. Email Hunter Wade ([hunter@belmontumc.org](mailto:hunter@belmontumc.org)) for the Zoom link or learn more at [belmontumc.org/discipleship-pathways](http://belmontumc.org/discipleship-pathways).

## Theology on Tap this Tuesday

Tuesday, July 14, 6:00pm at TBD

If you're a young adult looking for community, a place to ask theological questions, and an opportunity to grab a drink and connect with others, join us every other Tuesday at 6:00pm at local happy hour spots for fellowship and conversation. Our next gathering is this Tuesday, July 14, at 6:00pm. For the location, contact Emma Bushong ([emma@belmontumc.org](mailto:emma@belmontumc.org)).

## Parent and Child Music this Saturday

Saturday, July 18, 10:00am in room 213

Infants, preschoolers, and the adults who love them are invited to Parent and Child Music this Saturday, July 18, at 10:00am! Together, we'll sing songs of faith, play instruments, dance, enjoy stories, and celebrate God's love.

Belmonters and members of the community are welcome. For more information, contact Amy Cooper ([amy@belmontumc.org](mailto:amy@belmontumc.org)).

# Save the date!

## SUNDAY, JULY 26

11:30am Reception for Pastor Heather, Community Center

## SATURDAY, AUGUST 1

2:30pm Hymn sing at Mary, Queen of Angels

## SUNDAY, AUGUST 9

10:30am Blessing of the Backpacks, sanctuary

## Joys and concerns

### Congratulations to

Laura, Nate, and Ben Dickinson on the birth of their son and brother, Owen Robert Dickinson.

Andrea, Jamison, and Sylvia Malek Ash on the birth of their son and brother, August Malek Ash.



RECONCILING MINISTRIES NETWORK

Belmont UMC is a member of the Reconciling Ministries Network.

## Stay connected



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## Reception for Pastor Heather

Sunday, July 26, 11:30am in the Community Center

Join us on Sunday, July 26, as we celebrate Pastor Heather's 19 years of faithful ministry at Belmont UMC! Following worship, everyone is invited to the Community Center for a special reception honoring Heather and thanking her for the many ways she has shaped our church family. As she prepares to begin her new appointment, we'll gather to share our gratitude, celebrate her ministry, and wish her well in this exciting new chapter.

## Malawi Mission Team interest meeting

Thursday, July 23, 6:00pm on Zoom

Interested in learning more about Belmont UMC's partnership with the United Methodist Church in Malawi? Join the Outreach Committee on Thursday, July 23, at 6:00pm on Zoom for an update on the partnership and plans for a potential mission team to Malawi in June or July 2027. You'll also hear from Belmonsters who have participated on previous mission teams. Whether you're interested in going or simply curious, you're invited to attend. To help us plan, please email Steve Bryant at [bryantstephen327@gmail.com](mailto:bryantstephen327@gmail.com) if you plan to attend. Learn more at [belmontumc.org/malawi-2027](http://belmontumc.org/malawi-2027).

## "Foam Day" at Belmont Weekday School



On Thursday, July 25, our Weekday School children danced, laughed, and splashed their way through mountains of bubbly foam. There were smiles, giggles, and plenty of fun as everyone enjoyed a sea of suds together. What a joyful way to celebrate summer!

## Help us stock the shelves at Ebenezer UMC's food pantry!

Throughout July and August, Belmont UMC will be collecting nonperishable food items to help provide meals for families and children in the Ebenezer community.

Every donation, big or small, makes a difference. View the list of requested items at [belmontumc.org/ebenezer-food-drive](http://belmontumc.org/ebenezer-food-drive).

A collection bin is available in Iris Room entrance area. Thank you for helping us care for our partner church through your generosity.



*We are a community of Christ-followers growing in love of God and neighbor.*

*We believe every person is of sacred worth and created in God's image. We commit to Jesus' example of inclusive love, care, and intentional hospitality with persons of every race, ethnicity, age, sexual orientation, gender identity, marital status, faith story, physical or mental ability, economic status, or political perspective. We respect our diversity of opinion and expressions of faith. Therefore, as God loves us, so let us love and serve in the name of Christ.*