

# NEWSLETTER

February 1, 2026

## Communion offering will support O.N.E./Barnes Scholarship

Your Communion offering today will support the O.N.E. Barnes Scholarship. Founded by Rev. Bill Barnes, this scholarship has been a meaningful part of Belmont United Methodist Church for more than 30 years, providing financial assistance to individuals in the Nashville area pursuing higher education. Thank you, Belmont, for your faithful support of students over the years - we are grateful and look forward to your continued generosity.

Currently, twelve students are receiving scholarships at universities in Tennessee, Illinois, and Oregon, pursuing a wide range of majors. An educational quote from Justice Ketanji Brown Jackson invites us to reflect on hard work and purpose: When you're trying to figure out what you want to do with your life, the key question is, what am I willing to work for? What motivates me? What am I passionate about? She also emphasizes the importance of education for democracy – helping individuals understand issues, speak out, and discern truth from fiction. May these words inspire and guide students as they pursue their education and future callings.

Give online at [belmontumc.org/february-communion-offering](http://belmontumc.org/february-communion-offering).

## Exploring the Pathway this week

**Wednesday, February 4, at 6:00pm in room 124 and Thursday, February 5, at 12:00pm on Zoom**

This Wednesday, February 4, our four-week series *Exploring the Pathway* will conclude with “Exploring the Forming Pathway.”

We will use the Discipleship Reflection Guide, a booklet to help you reflect individually and share in community, so be sure to pick one up in the foyer or download it from our website.

The series is also offered via Zoom on Thursdays at 12:00pm. For the Zoom link, contact Hunter Wade ([hunter@belmontumc.org](mailto:hunter@belmontumc.org)). Learn more at [belmontumc.org/discipleship-pathways](http://belmontumc.org/discipleship-pathways).

## Pickleball in the Community Center

**Wednesday, February 4, at 6:00pm**

On Wednesday, February 4, bring your paddle and join us at 6:00pm for an hour of pickleball in the Community Center! We'll have two courts in play, including one reserved just for newcomers to learn the game. Enjoy some friendly competition while getting your heart pumping and your legs moving. All are welcome, and spare paddles will be available to borrow.

Make plans to join us for pickleball in the Community Center on the first Wednesday of each month.

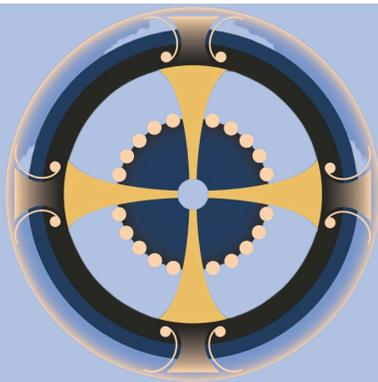
## Administrative Board meeting next Sunday

**Sunday, February 8, at 11:30am in Parker Hall**

Curious about what happens at Administrative Board meetings? All are welcome to attend! Join us on Sunday, February 8, at 11:30am in Parker Hall. A Zoom option will also be available.

Lunch reservations are due by 12:00pm tomorrow, Monday, February 2; payment of \$12.75 per person is required via credit card upon registration in Realm. Go to [belmontumc.org/administrative-board-meeting](http://belmontumc.org/administrative-board-meeting) to make your reservation.

The meal will be catered by Pizza Perfect with a choice of baked ziti with chicken Alfredo or baked ziti with beef marinara, Caesar salad or house salad, garlic bread, assorted desserts, tea and coffee.



## This week at Belmont UMC

### TUESDAY, FEBRUARY 3

6:00pm Junior high boys basketball practice, Community Center

7:00pm Senior high boys basketball practice, Community Center

### WEDNESDAY, FEBRUARY 4

10:00am Lectio Divina, Zoom

5:00pm Wednesday night community meal, Community Center

6:00pm *Exploring the Pathway*, 124

6:00pm Pickleball, Community Center

6:00pm Knitting and crafting, 120

6:00pm Children's choirs, Faith Finders Hall

7:00pm Sanctuary Choir rehearsal, choir room

### THURSDAY, FEBRUARY 5

8:00am Centering prayer, Zoom

12:00pm *Exploring the Pathway*, Zoom

6:00pm Youth girls basketball practice, Community Center

### FRIDAY, FEBRUARY 6

5:00pm Room in the Inn, Community Center

### SATURDAY, FEBRUARY 7

2:30pm Hymn sing at Mary, Queen of Angels

### SUNDAY, FEBRUARY 8

8:10am Worship with Communion, chapel/live stream

8:45am Children's Chimes, 217

9:00am Adult Sunday school, various rooms

9:15am *Come and See*, Iris Room

9:15am Young adult Sunday school, 303

9:15am Children's Sunday school, 213, 217, 220, and 306

10:30am Worship, sanctuary/live stream

11:30am Administrative Board, Parker Hall

1:30pm Carillon Ringers rehearsal, 226

3:30pm Wesley Ringers rehearsal, 226

4:30pm Open Door Singers rehearsal, choir room

5:30pm United Methodist Youth, Community Center

Save the date!

**WEDNESDAY, FEBRUARY 11**  
6:00pm Music Makers Cocoa House, Parker Hall

**SATURDAY, FEBRUARY 14**  
10:00am Parent and Child Music, 213

**WEDNESDAY, FEBRUARY 18**  
6:00pm Ash Wednesday worship, sanctuary

**FRIDAY, FEBRUARY 20**  
7:00am Lenten Friday morning Bible study begins, 120

**SUNDAY, MARCH 1**  
6:00pm Youth Benefit Dinner, Community Center

## Joys and concerns

*Christian sympathy is extended to*

Family and friends of Carolyn Modisher.



RECONCILING MINISTRIES NETWORK

Belmont UMC is a member of the Reconciling Ministries Network.

## Stay connected

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## Save the date for Parent and Child Music

**Saturday, February 14, at 10:00am in room 213**

Infants, preschoolers, and the adults who love them are invited to join us on Saturday, February 14, at 10:00am for Parent and Child Music! We'll sing, play instruments, read stories, and dance together as we celebrate God's love.

Parent and Child Music is a fun, musical time with young children and the parents, friends, nannies, and grandparents who love them. At Parent and Child Music, we sing fun songs and songs of faith appropriate for infants through preschoolers. We also play musical instruments, dance, use scarves, have puppets, and read stories. Belmonters and folks from the community are welcome!

For more information, contact Amy Cooper (amy@belmontumc.org).

## Benefit concert for CATHARSIS Nashville

**Sunday, February 22, at 4:00apm in the sanctuary**

On Sunday, February 22, join us in the sanctuary at 4:00pm for a benefit concert supporting CATHARSIS Nashville, a nonprofit healing center and community café offering high-quality, holistic mental health care at rates clients can afford. The concert will be performed by husband-and-wife duo Dr. David Thornton and Dr. Laura Rosser Kreislermaier, who both enjoyed careers as professional musicians before becoming Licensed Clinical Pastoral Therapists.

Make plans to join us for an eclectic evening of music ranging from musical theatre to spirituals to the Beatles – plus Laura's "famous" audience-request medley of hymns. Learn more at [catharsisnashville.org](http://catharsisnashville.org).

## Lenten Friday morning Bible study

**Fridays, beginning February 20, at 7:00am in room 120**

Beginning February 20, start your Fridays in Lent with Scripture, prayer, and thoughtful conversation. This early-morning Bible study, from 7:00-7:45am, will take place in room 120 and is designed to fit into your day while grounding you in the Lenten journey.

We'll gather informally from 7:00–7:15am for morning prayer and fellowship, followed by Bible study from 7:15–7:45am, concluding with prayer.

Our six-week Lenten theme, "Obstacles to Grace; Invitations to Grow," will guide our reflection. Each week's Gospel lesson invites us to name a point of resistance - a "cross" we encounter along the way - and to explore how God's grace enables us to move through it. Together, we'll reflect on a weekly question or challenge that invites growth toward new life in Christ and deeper love of God, self, and others.

## Seed and starter "Swap and Share" event

**Wednesday, March 4, 5:00pm in the Community Center**

Caring for God's creation includes sharing the bounty and beauty of plant life! At Wednesday Night at Belmont on March 4, Belmonters are invited to share seeds and plant starters from their yards.

If you have an abundance of perennial or annual seeds – or plan to propagate starters from hardy landscape plants – please sign up to share your abundance with others. If don't have seeds but would like some, come take what you want! It's a free "share/swap/take" event, and there is no charge to participate.

Native plants are especially in demand, so if you have native plant seeds ready for harvesting, consider saving them now to prepare for this event. Questions? Contact Mollie Henry ([henrymollie@gmail.com](mailto:henrymollie@gmail.com)).

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*We are a community of Christ-followers growing in love of God and neighbor.*

*We believe every person is of sacred worth and created in God's image. We commit to Jesus' example of inclusive love, care, and intentional hospitality with persons of every race, ethnicity, age, sexual orientation, gender identity, marital status, faith story, physical or mental ability, economic status, or political perspective. We respect our diversity of opinion and expressions of faith. Therefore, as God loves us, so let us love and serve in the name of Christ.*